



CYO UPDATES

Calendar

Thursday, January 10th

- 6:30 PM - 10U Girls Basketball Practice at SAS gym
- 6:30 PM – 14U Girls Basketball Practice at Kenmoor Middle School - [2500 Kenmoor Drive, Landover, MD](#)
- 7:45 PM - 12U Boys Basketball Practice at SAS gym
- 7:45 PM - 14U Boys Basketball Practice at Kenmoor Middle School

Friday, January 11th

- 5:30 PM - 10U Boys Basketball Practice at SAS gym
- 6:45 PM – 12U Girls Basketball Practice at SAS gym

Wednesday, January 16th

- 3:15 PM – Cheerleading Practice at St. Ambrose

*any additional updates will be sent via email this weekend.

Game Schedules: Don't forget your Spirit Wear!

Saturday, January 12th**:

- 9:00 AM - **10U Girls** @ St. Mary of Assumption ([4610 Largo Rd, Upper Marlboro, MD](#))
- 10:30 AM - **Developmental 6U Game** @ Holy Redeemer-CP (4902 Berwyn Rd, College Park, MD)
- 3:00 PM - **14U Boys** @ Parkdale ([6001 Good Luck Rd, Riverdale, MD](#))
- 5:00 PM - **12U Boys TEAM GOLD** @ St. Jerome ([5205 43rd Street, Hyattsville, MD](#))
- 6:00 PM - **12U Boys TEAM BLACK** @ St. Jerome ([5205 43rd Street, Hyattsville, MD](#))

Sunday, January 13th**:

- **TBD - Developmental 8U Game** @ St. Jerome ([5205 43rd Street, Hyattsville, MD](#))
- 12:15 PM - **10U Boys TEAM 1** @ Francis Scott Key MS ([910 Schindler Dr, Silver Spring, MD](#))
- 1:00 PM - **10U Boys TEAM 2** @ St. Mary Assumption ([4610 Largo Rd, Upper Marlboro, MD](#))
- 1:00 PM* - **14U Girls** @ Stone Ridge ([9101 Rockville Pike, Bethesda, MD 20814](#))
**Cheerleaders will perform at this game*
- 3:00 PM - **12U Girls** @ Stone Ridge – Small Gym ([9101 Rockville Pike, Bethesda, MD 20814](#))

**** Coaches will inform players of expected arrival times.**

Schedules for the 2018-2019 ADW CYO Basketball season can be found here: <http://adw.org/basketball/>

Announcements

Sports & Registration:

It may be cold outside but Spring is on its way! Spring sports will be ramping up soon. New and returning athletes are encouraged to demonstrate their interest in a sport by registering early. Please note, full payment must be received prior to the deadline to avoid late fees.

Track & Field Coordinator needed: Coaching not for you but you'd love to help to keep a sport thriving while earning volunteer hours? We need an organized and energetic person to serve as the Track & Field Coordinator. Email SaintAmbroseCYO@gmail.com if you are interested.

Share your love of sports by coaching: We need additional coaches for Track & Field and Baseball. Coaches must be Virtus trained and are eligible for a set number of school volunteer hours.

Cheerleading: Cheerleaders will have their **first performance** this weekend at Stone Ridge HS @ 1:00 PM! The Cheer performance game schedule has been shared with all registered Cheer parents. Contact Loren Carter for more information: lbcarte3@aol.com.

Inclement Weather: In the event of inclement weather, please check your email (or text messages) for communication from your team's coaches or the CYO program before heading to practices or games.

Fundraising & SpiritWear:

Thank you for supporting the Christmas HBH fundraiser. We hope you enjoyed you and your family your items!

Are you showing your BEE Pride?

Basketball season is here, let's show our BEE Pride by wearing what you already have and/or purchasing new spirit wear!

Coming soon: new inventory of St. Ambrose CYO shirts, sweatshirts, hats, backpacks & car magnets. Please email Chauka Reid - chaukareid@yahoo.com or SaintAmbroseCYO@gmail.com regarding your interest. More items available on the CYO SpiritWear catalog online!

To register and obtain additional program information, visit www.sascheverly.org/cyo
Email questions about the program to SaintAmbroseCYO@gmail.com
VIRTUS approved? Need volunteer hours? Interested in coaching? Send us an email. **Coaches are needed for our Spring sports programs.**